



# The Log



February 2014  
Volume XXXVI, Issue 1

## *From the Helm*

Ahoy everyone,

I am honored to be the current Commodore of Hunter Sailing Association Station #1. My hope is to do a pretty good job or at least do the best I can. I am thankful there is a strong support system in place ranging from dedicated current officers and committee chairs to folks who've been around the club quite a while, often having held club positions, who are willing to mentor us, to newer members willing to step up and help. Thank you all and please keep the help coming.

One of the reasons we have new Commodores every year or two is to try to get renewed energy and ideas. At my age my energy probably leaves a lot to be desired but in my head I have tons of ideas. I know not even a fraction of these will actually happen and in some cases that's a real good thing. A few key ideas I'd like to see go forward are to: increase active membership, improve the stability of our website, identify more graphically where our member boats reside, move forward on online directory resources and identify key areas where we'd most like to direct our monetary resources. Oh, and my most important idea is that we should all have lots of fun out on the water!

We've worked hard to get our act together for HSA1 2014 and it looks like a pretty full year is in the works. An event by itself though doesn't make it good. It takes boats, bodies and enthusiasm. You as members can provide that. To really grow as a club, it also takes effort and feedback to ensure we plan those activities and venues that are of interest to a majority of members. You as members can also provide that. Once again it's my mantra of 'the more the merrier'. I'm counting on each of you to help me, the officers, committee heads et al make this one of the best clubs to which you belong.



Smooth sailing everyone,  
Helen Kelley, Commodore

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Check out our website:  
[www.hsa1.org](http://www.hsa1.org)  
 for the latest Club news

## *Dues Notice*

If you are among the six members who have not renewed your membership, this will be the last issue of *The Log* that you will receive unless you renew. To renew just go to [hsa1.org/MembershipJoinUs/Renew.htm](http://hsa1.org/MembershipJoinUs/Renew.htm)

**Editor’s Notes:**

A few lucky and hard-core club members have been sailing throughout the winter. The photo of our Commodore was from New Years Day. Way to be hard-core Helen and Rich! A few of us are lucky enough to have our boats in warmer climes.

Most of the club has been thinking about how nice it will be when spring finally comes, the smell of bottom paint permeates the boatyard, and the sails finally run up the mast. Do your preparations soon. The first club raft-up is only six weeks away.

Our next event is a party to kick off the season at Kent Island Marina on Saturday, March 22. Mark and Jeanne Nooney hosted the party there last year and it was a blast. Join us in showing spring has finally sprung and we can wear boat shoes *sans* socks for the rest of the season.

We have a fresh team of officers with fresh ideas. The only remaining thing we need to make this one of the best ever years for the club is your participation. Get out your calendar, go to our calendar (page 4) and make your plans to participate in as many activities as you can.

Our fresh leadership has helped me a lot with this newsletter. Special thanks to Commodore Helen, Vice Commodore John, Fleet Captain Mark and Webmaster Tim and Photographer Toni.

See ya on the water,

*Carl Reitz*, Editor

## *Immediate Past Commodore's Message*

Sharon and I want to thank everyone for your support for the last two years while I have been Commodore. The role has given us a chance to get to know better the club's membership and officers which has been a load of fun and a great experience. I want to especially thank Perrian for her counsel and Mike Meegan, Lois White, and Tim Cossairt for providing stability and smoothing the rough spots. Sue and Carl Reitz are always there for the club to help out and special thanks to Toni and John Knisley for providing so much energy and enthusiasm for everything they do. And to all of you that made the effort these last two years to be a part of the so many great events.

I really appreciate Helen Kelley stepping up to be our new Commodore and look forward to her bringing new ideas to the club. Best of luck Helen!

Mike Crothers, Immediate Past Commodore

## *HSA-1 2014 Officers*



John                  Helen                  Lois                  Mark                  Tim  
After the Annual Meeting and elections at the Deep Creek Restaurant

<b>Commodore</b>	Helen Kelley	<b>Immediate Past Commodore</b>	Mike Crothers
<b>Vice Commodore</b>	John Knisley	<b>Membership Chair</b>	Sue Reitz
<b>Fleet Captain</b>	Mark Nooney	<b>Webmaster</b>	Tim Cossairt
<b>Secretary</b>	Lois White	<b>Newsletter Editor</b>	Carl Reitz
<b>Treasurer</b>	Mike Meegan	<b>Photographer</b>	Toni Knisley

## 2014 Calendar of Events

<u>Date</u>	<u>Event</u>	<u>Location</u>
Sunday Feb 23	HSA Station #1 Winter Brunch: Medical Underway Emergencies	Deep Creek Restaurant Arnold, MD
Saturday Mar 22	Shipwreck Party and Sock Burning	Kent Island Yacht Club
Saturday April 12	Spring Forward Raft	Pirate's Cove West River
April 25 - 27	Annapolis Spring Sailboat Show	Annapolis, MD
May 24 - 26	Memorial Day Raft	TBD
June 13 - 15	Father's Day Raft & Full Moon Cruise	TBD
Saturday June 21	Summer Sailstice Raft	Dun Cove, Eastern Shore
July 4 - 6	Independence Day Cruise	TBD
July 12	Night Sail	Oxford, MD.
July 25 -26	Pool Party	Herrington Harbour South
Saturday Aug 2	Orioles Baseball vs. Seattle Mariners	Baltimore, MD
Saturday Sept 6	Crab Fest	TBD
September 10-14	<a href="#">Star Spangled Spectacular/200th Anniversary of our National Anthem</a>	Baltimore, MD.
October 9 - 13	United States Sail Boat Show	Annapolis, MD
Sunday Nov. 16	Annual Meeting	Deep Creek Restaurant,
Saturday Dec. 13	<a href="#">Annapolis Parade of Lights</a>	Annapolis Waterfront Marriott

We have an exciting year of both on water and land events. We want to hear your thoughts about these events. Details are still being confirmed on upcoming events. To help us with the details and especially knowing how many slips to reserve for our land-sea events, please email the [Fleet Captain](#) with the events you think you may attend.

*If you have a sailing event that you want to post on the HSA Station #1 Activities page, email the [webmaster](#) with the information.*

## *Shipwreck Party and Sock Burning*



**Come one - Come All**

**33rd Annual Sock Burning Party**

**Saturday March 22, 2014**

**Time: TBD**

**Kent Island Yacht Club**

**117 Yacht Club Drive**

**Chester, MD 21619**

We will be burning away the winter blues this spring at Kent Island Yacht Club. The HSA Station #1 will commandeer a covered pavilion for the festivities. We will have a fire pit and grills to serve up some of the finest grub. Libations will of course be provided. Mark your calendar and contact our hosts Mark and Jeanne Nooney.

**Please let us know if you have may attend the Annual Sock Burning. No Commitment. The event coordinator needs an attendee estimate.**

Follow [this link](#) to the party registration page on our "Virtual Clubhouse, the [HSA1.org](http://HSA1.org) website

## *Spring Forward Raft*

**Saturday, April 12**

**Pirate's Cove on the West River**

We will have an encore of our kick-off raft-up on the West River again this year. Some folks sail in and anchor out. Some folks take a slip at Pirate's Cove Marina. Some folks come by car. Everyone has a great time. We start the event with happy hour aboard one of our boats, then transition to dinner at Pirate's Cove Restaurant. Look for more information on our website in the near future.

## Winter Brunch Wrap-Up



### Underway Medical Emergencies

Our guest speaker, Captain Mike Greenhawk of the Anne Arundel County Fire Department, gave us many tips on what to do in emergency situations. The tips included the importance of using 911 and VHF Channel 16, knowing the boat's current location, showing guests where emergency gear and systems are located and most importantly knowing all you can about your boat and its emergency equipment.

Mike is commander of Engine Company 19 in Cape Saint Clare. A native of Oxford, Maryland, he started sailing log canoes at the age of eight. His Cal 36 is berthed in Oxford. He's competed in races throughout the Chesapeake and multiple Annapolis-to-Newport and Newport-to-Bermuda races both as crew and watch skipper.



We celebrated Helen's birthday with a cake and presented her with a copy of Robert's Rules of Order. Some birthday gift!



The other thing she is holding is our 2014 Club tri-fold flyer. Most of the 42 members present took a handful of flyers to place on Hunter sailboats in their marinas. The idea is to introduce Hunter owners to our Club. The more the merrier.

At their Strictly Sail Seminar earlier in February, Carolyn Norton Schmallenberger of Norton Yacht Sales in Deltaville, Virginia gave us a West Marine Medical Kit to raffle off at the brunch. Tammy Coissairt (*Pier Pressure*) won the raffle.



Tony Tumas of Great Blue Yachts introduced Captain Cherie Starner of Legend Yacht Sales and spoke about his sales locations in Georgetown, Maryland and in Annapolis with Legend Yacht Sales. He offered to pay a year's membership in either of the Hunter Sailing Associations on the Bay to anyone who purchased a Hunter through his company.

Great Blue and Legend provided a matching set of Gill foul weather gear for the door prize. Bob & Pam Buchenauer (*Stargazer*) won his and hers Gill foul weather jackets provided by Great Blue Yachts and Legend Yacht Sales.

Fleet Captain Mark Nooney presented our calendar of events for 2014 (see page 4). He energized the membership with raft-up plans and had sign-up sheets for members to volunteer for specific events. It was really refreshing to see our members signing-up and volunteering for the raft-ups. It truly feels like our club is going to have a great year. Follow the Nooney's example and say 'yes' when asked to do something for the club. Reward your officers for their hard work by participating in our club events.



Greg Guthman introduced the notion of an HSA-1 International Charter Trip next year. Some locations under consideration are New Zealand, Vancouver, and the Lesser Antilles. Greg will continue researching alternatives and will provide more information as it becomes available. He had a sign-up sheet for people who might be interested. If you are interested but did not get your name on the sheet, contact Greg at [Stargazer380@mac.com](mailto:Stargazer380@mac.com).

We also had some discussion of a week-long cruise on the Bay. The officers are working to schedule the trip. Like the International Trip, we will announce details of the week-long Chesapeake cruise as they become available.



## Everything Sail Seminar Wrap-Up

Norton Yacht Sales hosts their Everything Sail Seminar each February. It is an excellent opportunity to get up-to-date information and to network with other sailors. In one of the sessions a panel of women discussed *Taking Sailing to the Next Level*. Our own Toni Knisley has taken setting *Hoosier Lady's* asymmetrical spinnaker (it looks like the Indiana state flag) to the next level. She was among the panel members.



Carolyn Norton Schmallenberger, a strong supporter of our Club, introduced our Commodore then presented Helen with the large first aid kit that was a prize at our Underway Medical Emergency Brunch. Thanks to Carolyn and Norton Yachts for all of their support.



## Snow Bird Report

After they both were in the Bahamas for 48 days, *Windrose* pulled up next to *Second Option* and dropped anchor off of Sand Dollar Beach at George Town in the Exumas. Our two club boats traveled together to Cat, Little San Salvador, Eleuthera and Royal Islands. They are now sitting next to each other in Spanish Wells waiting for an opportunity to sail to the Sea of Abaco. And they are waiting for Greg Guthman to visit. Poor Greg still doesn't know if they will be in Spanish Wells or the Abacos.

LEFT: *Second Option* sailing from George Town toward Cat Island



RIGHT: *Windrose* sailing from Governors Harbour toward Alabaster Bay



## Two Medical Emergency Scenarios

### Emergency at HSA Raft-Up

Some HSA1 members were there last August when a boat guest slipped and fell into the dockside waters in Baltimore during our annual Baseball Raft. It was a scary moment, especially for the guest who could not swim. Unfortunately, he went under a couple times, drifted partway under the floating dock, lost his glasses and cut his shins and arms on barnacles. Fortunately, a couple people acted quickly once they realized he was in trouble and pulled him out. After some dry off, clean up and first aid, things settled down and we all went off to watch a good baseball game.

The guest had been on his host's boat several times and was comfortable with it. He did not have experience getting on and off other boats or from different docks. It was the happy hour boat from which he fell. Before you draw any conclusions, the accident happened as he first tried to get onto the boat and this man does not drink alcohol so that wasn't a factor. What he did not know was to ask for a hand. He later said he looked and thought "that's a big step, I wonder if I can make it?". The people he was with were in the shower. No one else knew he could not swim, yet he still took that jump since he didn't want to 'bother' anyone. Once they realized he wasn't going to pop up and swim on over to the boat, people went into action. Things happened quickly and by the time they got off the boat, he was almost out of reach under the dock. Someone was prepared to jump in after him if need be, but hands connected with his clothes and pulled him back. Then a couple strong arms pulled him onto the dock. It was as he was coming up that he got scraped and cut from barnacles and concrete. His new friends got him on the boat, towed off and into some dry clothes. They also put some bandages on his larger cuts.

Once the people he was with got there a few minutes later, they had him shower with anti-bacterial soap, applied antiseptic and new bandages, checked his mental state and attempted to dry out items from his wallet. He did have that 'time of shock' a few hours later when he fully realized what might have

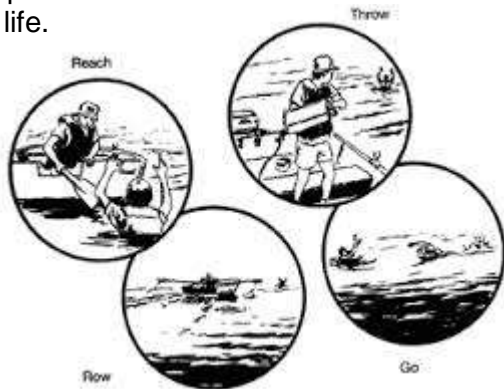
happened. He also had some mild disorientation a few times going back and forth to the baseball game so he was watched carefully to see if we needed to get him additional medical care. Old and new friends insisted he see a doctor once he got home and to let the doc know he'd been scraped with barnacles. Unfortunately, that doctor said he wasn't concerned but it was good news that no infections ever developed. Fortunately he went to get new glasses and was told he needed to have an eye exam. That led to the discovery of cataracts which were then treated – so he would have needed new glasses anyway.

A moment in time, it can happen so quickly; what if and other thoughts went thru our minds. Later we looked back and tried to learn something from this. A couple things jumped out here:

- Tell guests that it's a good thing to ask for a hand. All boaters have needed one now and then.
- Make sure guests know most boaters make friends easily; they would think it no bother to help.
- Be ready to lend a hand to someone getting on a boat, especially if you know there's a big step or you don't know that person's boating experience.
- Encourage guests, especially non-swimmers, to wear Sospender pfds – maybe even insist.
- If you are rafted or docked with others, let someone know if you have a non-swimmer on board.
- Swimmer or non-swimmer, don't assume the person will be okay if he falls in—get on guard ASAP.
- Don't jump right in if someone goes under. First see if you can get a plan in place that keeps only one person in the water.
- Have anti-bacterial soap on board.
- Make sure your first aid kit is well provisioned – he went thru more than 20 bandaids/bandages before he got home and used a fair portion of antiseptic. Replenish supplies ASAP upon return.

- Keep rice and zip bags on the boat. Put cell phones and paper items such as medical cards or money in there to help dry them out.
- Someone stayed with him constantly the next 24 hours, but was it wrong not to get more skilled medical care right away when he showed even a little disorientation? Mixed opinions on this. We based it on the degree and that care was close-by if needed. Fortunately it turned out fine.
- Have an emergency contact for your guests – wasn't used but could have been important.
- Getting medical checkup afterwards – for general well-being and especially the barnacle bit. Several professionals said they would have put him on antibiotics knowing it was Baltimore Inner Harbor. Maybe we each have to advocate for ourselves – or his doctor was basing his decision on other factors.

Be thankful for what you can be. He never complained about losing his glasses, some wallet innards or cell phone. He was thankful people were there and took action that saved his life.



**Reach, Throw, Row, Go**  
the order of rescue preferences

- *Our responders did they right thing... they reached first*

## First Aid for Pets

Along with your people first aid kit, some of which can be useful with animals, here are a few extra tips for the pets on board.

Have with you or programmed into your cell the numbers for your vet, a 24 hr vet and the animal poison control line.

Have dish soap (more than a few folks insist it be Dawn brand) for washing fur or feathers. Rolls in or contact with slimy stuff, grease, oils can usually be cut down with dish soap.

Unexpired 3% hydrogen peroxide. Although commonly used to clean cuts, this is more precious as a way to induce vomiting until you can get to veterinary care. Only do this after talking to a vet or poison control center.

A muzzle or planned idea of what to use as a muzzle; ie, rope/belt in case pet is upset or in pain.

A can of tuna in water – certain ingested items make furry friends foam at the mouth – the tuna water tastes good so the animal will usually take it and it can help neutralize things. Usually used after talking with vet.

Calming medicine – even laid back pets can freak out in some situations.

Copy of shot records, rabies shot verification kept in waterproof bag.



Thanks to Commodore Helen for providing both of these articles.